

WICHACKS  
*Lunch*

**MENU**

○ **SANDWICHES FROM PANERA**

*Turkey & Cheddar*

*Grilled Chicken & Avo BLT*

*Bacon Turkey Bravo*

*Mediterranean Veggie*

*Tuna Salad*

*Tomato Basil BLT*

**DIETARY OPTIONS**

*Greek Salad No Feta (Vegan/GF)*

*Mediterranean Veggie No Feta (Vegan)*

*Turkey Sandwich (DF)*

*Black Forest Ham*

*GF - Gluten Free  
VE - Vegetarian  
VG - Vegan  
DF - Dairy free*



WICHACKS

# breakfast

## MENU

### BREAKFAST ITEMS

*Bagels (GF)*

*Fruit Salad (GF/VE)*

*Mini Yogurt and Fruit Parfait Shooters*

*Assorted Bagels (\*MAY CONTAIN NUTS)*

### SIDES

*Orange Juice*

*Regular and decaffeinated coffee and tea.*

*Butter*

*Cream Cheese*

*Vegan Cream Cheese*

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WICHACKS

# snack

## MENU

### BOBA FROM TAICHI

*Taichi Bubble Tea (no pearls)*

*Strawberry Milk Tea (no Pearls)*

*Mango Green Tea (no jelly)*

*Passionfruit Green Tea (no boba)*

*Taichi Bubble Tea (w/ Tapioca pearls)*

*Strawberry Milk Tea (w/ Strawberry boba)*

*Mango Green Tea (w/ mango jelly)*

*Passionfruit Green Tea (w/ passionfruit boba)*

### COOKIES FROM INSOMNIA

*Chocolate Chunk*

*Double Chocolate Chunk*

*Classic with M&M'S*

*Double Chocolate Mint*

*Oatmeal Raisin*

*Sugar Cookie*

*Birthday Cake (VG)*

*Double Chocolate Chunk (VG)*

*Chocolate Chip (GF)*

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WICHACKS

# dinner

## MENU

### BUILD OWN PASTA STATION

*Spaghetti or Fettuccine*

*Alfredo, Meat Sauce, or Marinara (VG)*

*Grilled Chicken (GF/DF) , Meatballs and Italian Sausage (GF/DF)*

*Olive Garden Breadsticks*

*Salad*

### DIETARY OPTION

*Rotini Pasta with Marinara (GF/VG)*

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WICHACKS

# Lunch

## MENU

### BUILD OWN CHIPOTLE

*Soft Flour Tortillas or Crispy Corn Shells*

*Cilantro-Lime Brown Rice or Cilantro-Lime White Rice*

*Pinto Beans or Black Beans*

*Chicken, Steak, Sofritas (VG)*

### TOPPINGS

*Shredded Cheese*

*Sour Cream*

*Taco Lettuce*

*Guacamole*

*Fresh Tomato Salsa*

*Roasted Chili-Corn Salsa*

*Fajita Veggies*

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